



# OPTIMIZE IV Nutrient Menu



## Amino Acid Blend

Glutamine 30mg/ml, Ornithine HCL 50mg/ml Lysine HCL 50mg/ml, Citrulline Citrulline 50 mg/ml

Promotes muscle mass growth, stimulates collagen, decreases cravings, promotes hydration and recovery.

## Ascorbic Acid

500mg/ml, 1-3ml

Essential to immune function, fights inflammation, antihistamine and antioxidant properties

## Biotin

0.5mg/ml, 1-3ml

Promotes growth and overall health of hair, skin, and nails, boosts metabolism

## Glutathione

200mg/ml 1-3ml

Aids in the excretion of toxins in the body, Lessens damage caused by stress and muscle breakdown, anti-aging properties

## Mineral Blend

Magnesium Chloride 80mg/ml, zinc sulfate 1mg/ml, Manganese 20mcg/ml Copper Gluconate 0.2mg/ml

Imperative to heart and bone health, regulates blood sugar, supports hydration

## Multivitamin Inluvite

Vitamin C, Vitamin A, Vitamin D, Vitamin B, Vitamin E, Vitamin K, Folic Acid, Biotin, Vitamin B12

Imperative to heart and bone health, regulates blood sugar, supports hydration

## Vitamin B Complex

B1 100mg/ml B2 2mg/ml B3 100mg/ml B5 2mg/ml, B6 2mg/ml, 1-3ml

Supports health of skin, nerves, and digestive tract, boosts metabolism, breaks down alcohol, decreases inflammatory response, boosts good cholesterol

## Zinc

100 mg/ml, 1-3ml

Essential in all immune functions, improves hydration, boost testosterone

Interested in more info?  
Catch us on social media!



@Optimize\_Ma

## Pick and Choose

Customize your own IV experience by choosing your nutrient regimen. Pick up to four nutrients to add to optimize your hydration experience!

**White Belt (plain IV hydration).....130**

**Blue Belt (one nutrient)..... +15**

**Purple Belt (two).....+30**

**Brown Belt (three).....+45**

**Black Belt(four).....+60**

## IM Injections

Lipo Lean.....30

Convert food to energy, stimulate metabolism, reduce recovery time, boost muscle building potential

Lipo Stat +.....25

Convert food to energy, stimulate metabolism, reduce recovery time

Vitamin B12.....25

Convert food to glucose, boost mood, aid in red blood cell production, improve muscle function

Tri-Immune Boost.....20

Powerful antioxidant properties, support immune response to infection, aid in wound healing





# OPTIMIZE Premium IVs

## Myers Cocktail

**B-12 1ml | B Complex 1ml | Calcium Gluconate 1ml  
Vitamin C 1ml | Magnesium Chloride 1ml**

Our Myers cocktail infusion is a tried and true formula combining B complex vitamins, calcium gluconate, and Vitamin C to relieve stress, reduce inflammation, and improve the body's immune response great addition to any health and wellness routine.

**160/110**

## The Iron Mike

**Ascorbic Acid 500 mg/ml | Vita Complex 1ml  
Mineral Blend 1ml | Amino Blend 1ml**

This powerful IV is curated to help reduce recovery time and enhance athletic performance. Loaded with Vitamin C, B Complex, amino acids and minerals, the Iron Mike will help get you to championship shape while replenishing essential nutrients and reducing inflammation.

**180/130**

## The Glow Up

**Ascorbic Acid 500 mg/ml | Vita Complex 1ml  
Biotin 0.5mg/ml**

Embrace your beauty from the inside out with this IV with Vitamin C and B complex to quench tired skin and promote the reduction of wrinkles. The Glow Up is also infused to Biotin to fortify hair skin and nails and promote healthy growth.

**165/115**

## The Rogan

**Ascorbic Acid 500 mg/ml | Vita Complex 1ml  
Zinc Sulfate 10mg/ml**

Invest in your immunity with this IV! This cocktail protects the body from infection, improves healing time and reduces the duration of illnesses. (Don't worry it works whether you listen to JRE or not.)

**180/130**

## The Weight Cut

**Vita Complex 1ml | Amino Blend 1ml**

Optimize your fat burn with this IV packed with vitamins and amino acids aimed at boosting metabolism. The Weight Cut also helps restore energy to keep you productive and pushing for your weight loss goals.

**160/110**

## The Arnold

**Ascorbic Acid 500 mg/ml | Vita Complex 1ml  
Mineral Blend 1ml**

Get ready to pump you up! Hydration plays an important role in your pump, and this IV does just that! Loaded with Vitamins C, B complex, and minerals, The Arnold will rehydrate the body, restore essential vitamins, and fight fatigue. (This IV will also detoxify your system after a touch of the Irish flu.)

**165/115**

### IV only membership

- **Monthly premium IV**
- **Additional IVs 99**
  - one free nutrient with additional IV
- **Member pricing on premium IVs**
- **First access to monthly deals and more!**

**130/mo**